

# 27 Easy Things to Do at Home With Your 12 Month Old

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1. Play with a ball.
2. Play with blocks.
3. Go around the house counting different object.
4. Read their favourite story.
5. Sing a song.
6. Play a musical instrument (and sing a song!).
7. Cuddle on the kitchen floor.
8. Play with water. Fill a container with water and let them play.
9. Play peek-a-boo.
10. Play with a finger puppet, or regular puppet or stuffed animal.
11. Do a puzzle but cover the spots with post-its.
12. Laugh together for no reason.
13. Let them crawl around on your bed.
14. Fly around like an airplane.
15. Look at pictures of family and friends.
16. Eat snack out of a sensory bin or large container.
17. Play in the freezer or fridge.
18. Look out the window.
19. Look in the mirror.
20. Stack a non toy like paper towel rolls of toilet paper rolls.
21. Play with safe kitchen utensils.
22. Play with hats of different sizes.
23. Climb stairs.
24. Go for a box ride.
25. Throw balls down the stairs.
26. Cover a bowl with tin foil and use it as a drum until it breaks.
27. Play with empty food packages and boxes.